

WILDCOAST

12-16 September 2026

Three days, 112km, one wild coastal running paradise



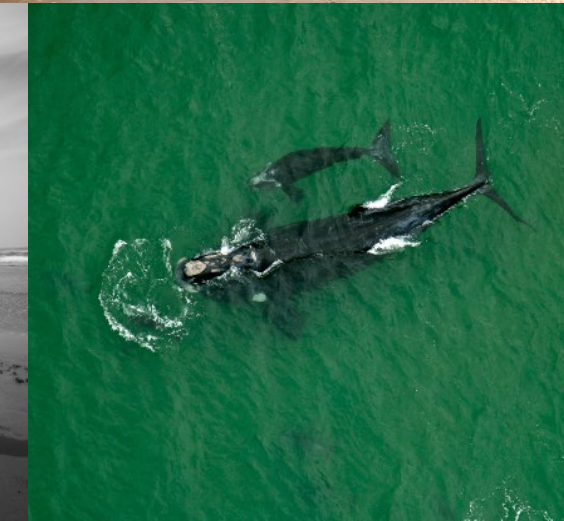
Three days of running a wild coastal paradise

A three-day boutique running holiday along South Africa's Wild Coast, a slice of unfenced coastal paradise that traverses the rural homeland of the isiXhosa people.

This is a trail running kaleidoscope that is at its heart wild in every sense of the word; from footprint-free golden beaches along a warm ocean, to rolling grass headlands and delicate coastal forests teeming with life. Envelope your senses in one of the World's most spectacular coastlines whilst enjoying the evening comfort of hotels & lodges along your Wild Coast journey.

"I laughed enough to last me a lifetime and met some wonderful fellow runners. I am left with memories of the crystal clear ocean, dolphins, perfect beaches, barnstorming river crossings, the infectious enthusiasm of the Wildrunner crew and wild, joyous running under a big sky with delighted fellow runners."

- Mark Mattson (Wildcoast 2015)



WILD COAST EASTERN CAPE, **SOUTH AFRICA**



Where is the Wild Coast?

Along the South Eastern coastline of South Africa is an area known as the Wild Coast. This truly inspiring & rugged location is the communal homeland of the isiXhosa people and in more modern times the birthplace of global icon Mr. Nelson Mandela. Along the fringe where the warm indian ocean meets the land is a coastal running kaleidoscope of scenic splendour - from footprint- less golden beaches to rolling grassy hills, indigenous forests and deep-cut ravines. Laced over this magnificent landscape is a network of Nguni cattle and wildlife trails that we use to make our way northwards, from Kei Mouth to our finish at Hole-in-the-Wall. This community land lies unfenced for hundreds of kilometers offering an unparalleled running free experience.

A wide-angle photograph of a sandy beach with waves in the background. Two runners are in the distance, and a couple is in the foreground, all seen from behind. The sky is hazy.

Itinerary & dates

12 SEPTEMBER 2026

ARRIVAL

For those that have booked the airport transfer from East London, transfers will depart at scheduled times through the day and these times will be communicated before the time. When you arrive in Kei Mouth, you will go through registration and attend briefing and dinner. Owen will take you through the route for day one and everyone has a chance to get acquainted before heading to your comfortable accommodation

and preparing for the journey to start!

Shared accommodation at two venues in Kei Mouth is provided, although you will have an option to 'upgrade' to a private room at Morgan Bay Hotel when you enter. Details on transfers to and from the Morgan Bay Hotel will be provided for those that book the upgrade.

13 SEPTEMBER '26

DAY 1

Your journey will begin after a short pontoon ride over the Kei River Mouth. Day 1 is the longest of the three days at 44.2kms and will end when you arrive at Kob Inn for a delicious lunch at the bar overlooking the sea. You will spend your afternoon relaxing on the lawns before briefing for the next day, followed by dinner.

14 SEPTEMBER '26

DAY 2

Day 2 is shorter in distance, at 35.2kms, and includes a run through the beautiful and wild Dwesa Nature Reserve - definitely a highlight. Upon arrival at The Haven, you can literally fall into the pool before you head in to lunch, and a leisurely afternoon will bring you back to the dining room for the final briefing (for the next day) and dinner.

15 SEPTEMBER '26

DAY 3

This final day of running is the shortest, albeit perhaps the toughest. The summit of the final hill brings with it an awesome view of the Hole-in-the-Wall, where a picnic lunch is on offer and all of the participants stick around to welcome the final runners in. A transfer from there will take you to the hotel in Coffee Bay, for prize-giving, dinner and a little partying!

16 SEPTEMBER '26

DEPARTURE

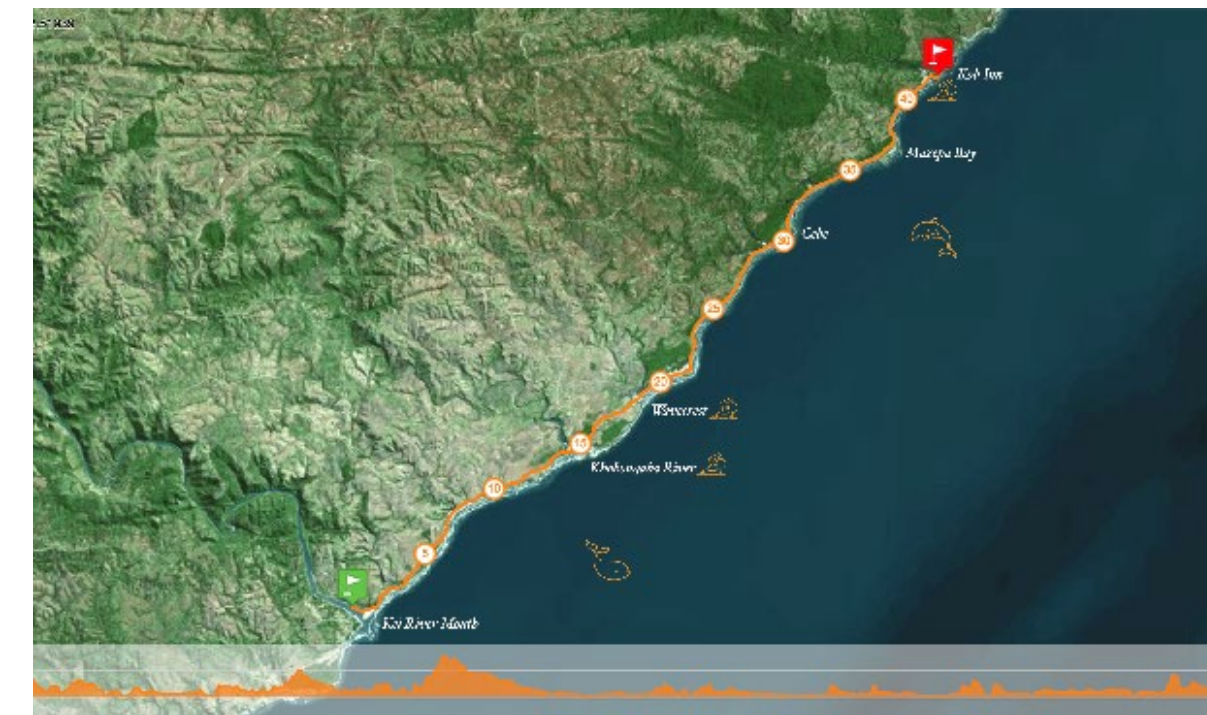
Breakfast is from 07h00 and the first transfer will leave no earlier than 08h00. Transfers will be offered as an additional option, from Coffee Bay to Umtata, East London Airport or Kei Mouth. The transfer to Umtata is approximately two hours and the transfers to EL Airport or Kei Mouth are approximately five hours, so no early flights are possible!

*Day 1:
Kei River Mouth to Koli Inn*

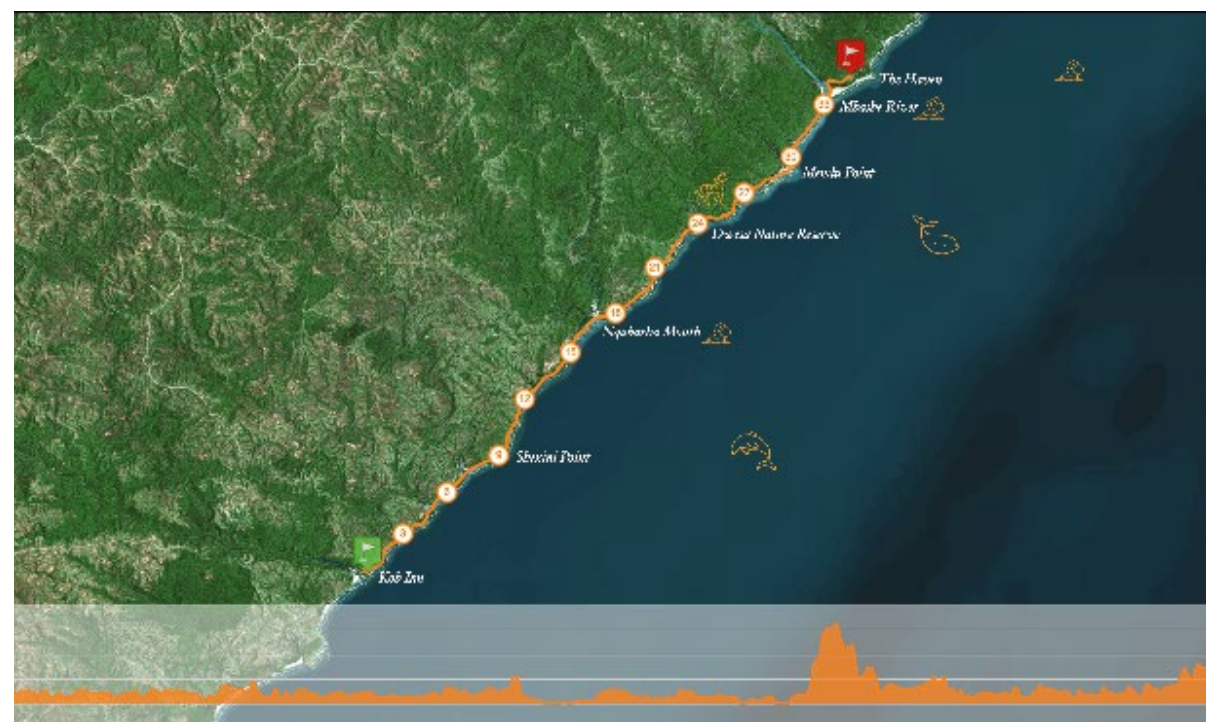
The start of your Wildcoast Wildrun® journey begins at the Kei River ferry, a novel experience that is sure to stand out in memory. Runners will immediately have the route option of over or around to get onto the coastline (we recommend around!). From there it's a 10km section of tight coastline (beach and rock) until you get to the first grassy slopes and the infamous Jacaranda shipwreck. 3km later brings you to your first river crossing – the Khobonqaba River. Another 4km grassy hill section brings you to the water table/checkpoint just before another river crossing over the iNxaxo River. From here on it's mixed terrain, passing through Mazeppa Bay, until you finally catch sight of the Wildcoast Wildrun® flags. A final splash across the Qora River Mouth completes day one.



DISTANCE 44.2KM
VERTICAL GAIN 519M



DISTANCE 35.2KM
VERTICAL GAIN 555M



Day 2:
Kob Inn to the Haven Hotel

Starting from the gates of Kob Inn, runners will immediately pick up a jeep track that takes you along the first section of undulating coastal hills. There is early refreshment in store after just 3km with the first river crossing of the day – the Jujura River. For the next 8km it's mostly undulating grassy slopes interlaced with a short section of beach until you reach Nqabara. Another 11km brings you to the gates of Dwesa Nature Reserve and the water/checkpoint. From here to the Mbashe River mouth – and the finish of day two – is inside Dwesa Nature Reserve with some of the most unspoilt coastline in the world.

Day 3:
The Haven Hotel to Hole-in-the-Wall

The first 3km of the final day is on forested jeep track that eventually leads you onto another stunning section of wilderness coastline. Here, there is a route choice of jeep track or coastline to Breezy Point. The first half of the final day is on mixed terrain, but mostly small beaches broken up by rocky points and grassy headlands. The second half consists of majority cattle trails along grassy slopes with spectacular views out over the ocean. The last few kilometers are sheer trail running bliss! Wide, hard-packed cattle trails will bring you out to an elevated view of the finish and one of the most spectacular natural wonders in South Africa: the Hole-in-the-Wall rock formation. A fast single track downhill brings you to your final river crossing of the Wildcoast Wildrun® and to the finish of a most memorable journey.





How to get there



Transfers from EL Airport can easily be arranged and information on how to book will be sent to participants



Closest Domestic Airport:
East London Airport, 100km from the start venue
Closest international Airport: OR Tambo International



Airstrip:
Morgan Bay - light plane only



Parking;
Easily arranged in Kei Mouth for duration of stay



Helicopter collection from the final venue available on request at an additional fee



Important information you need to know



Fully catered – all meals from dinner on arrival in Kei Mouth until breakfast on the day you depart will be provided.



This is a solo run, although you will very likely end up with a couple of others running about the same pace as you and make great friends!



Accommodated in local hotels throughout the event, in shared rooms.



Bring your own personal medication. Medical support will be provided at each venue and on course. Massage therapy is also offered and information on how to book massages will be emailed to participants.



There are rivers to cross each day but these could be as low as an ankle-deep wade or be a brief swim, depending on the time of day you reach each river. A dry bag is recommended to keep your belongings dry.



One aid station check-point (ACP) per day will offer a variety of refreshments and is where you will be able to top up with water. Runners must check in with event staff.



Bring cash or card for the bar as no tabs will be permitted.



A medical form must be signed by your doctor and submitted before the event. It will be provided by email.



Average temperatures on the Wild Coast during the day range from 15-25°C. Being the Wild Coast, a range of weather can be expected and the 'beasterly-easterly' is a well-known feature and is head-on. You will be running into the sun all day so hats and sunscreen are highly recommended, with a rain jacket packed just in case.



No GPS is required or necessary. The course is not marked and navigation is as simple as keeping the sea on your right.



You need medical evacuation insurance.



*The entry fee
includes & excludes*

Included in the entry is all your meals from dinner on arrival in Kei Mouth, until breakfast on the day you depart for home, as well as shared accommodation for four nights. 3l of bottled aQuellé water per day is supplied per person, and is transported to each hotel along with your personal items each day. This event is fully supported with 4x4 vehicles and experienced crew, negotiating a tricky coastline to ensure all participants are well looked after on every step of their journey. Massage sessions and transfers to and from the event are optional extras and drinks during the event are for the participants account.



The entry fee
Early bird R18,450

This amount is payable once-off or on a payment plan.

If you would like to pay by payment plan, the first instalment when you process your entry online can be paid via credit card or electronic fund transfer. The remaining instalments are paid directly to Wildrunner

To enter please follow the entry link on www.wildrun.com

*** Your entry fee includes a 15% non-refundable deposit of the full entry fee.**

Early bird entry fee is subject to payment in full by 31 Feb 2025.

Entry fee will increase on 01 March 2026.

Your entry fee includes a 15% non-refundable deposit of the full entry fee.

From date of entry until 30 April 2026, 85% of the full entry fee will be refunded for any entry cancellation in writing.

From 01 May 2026 - 31 July 2026, only substitutions will be possible.

From 01 August 2026 until the event, no refunds or substitutions will be possible.

Entries will not be deferred from one year to the next. If you cancel your entry after the substitution/cancellation dates, you will forfeit your entry fee.

Entry insurance is highly recommended in case you need to cancel your entry after 30 April 2026.



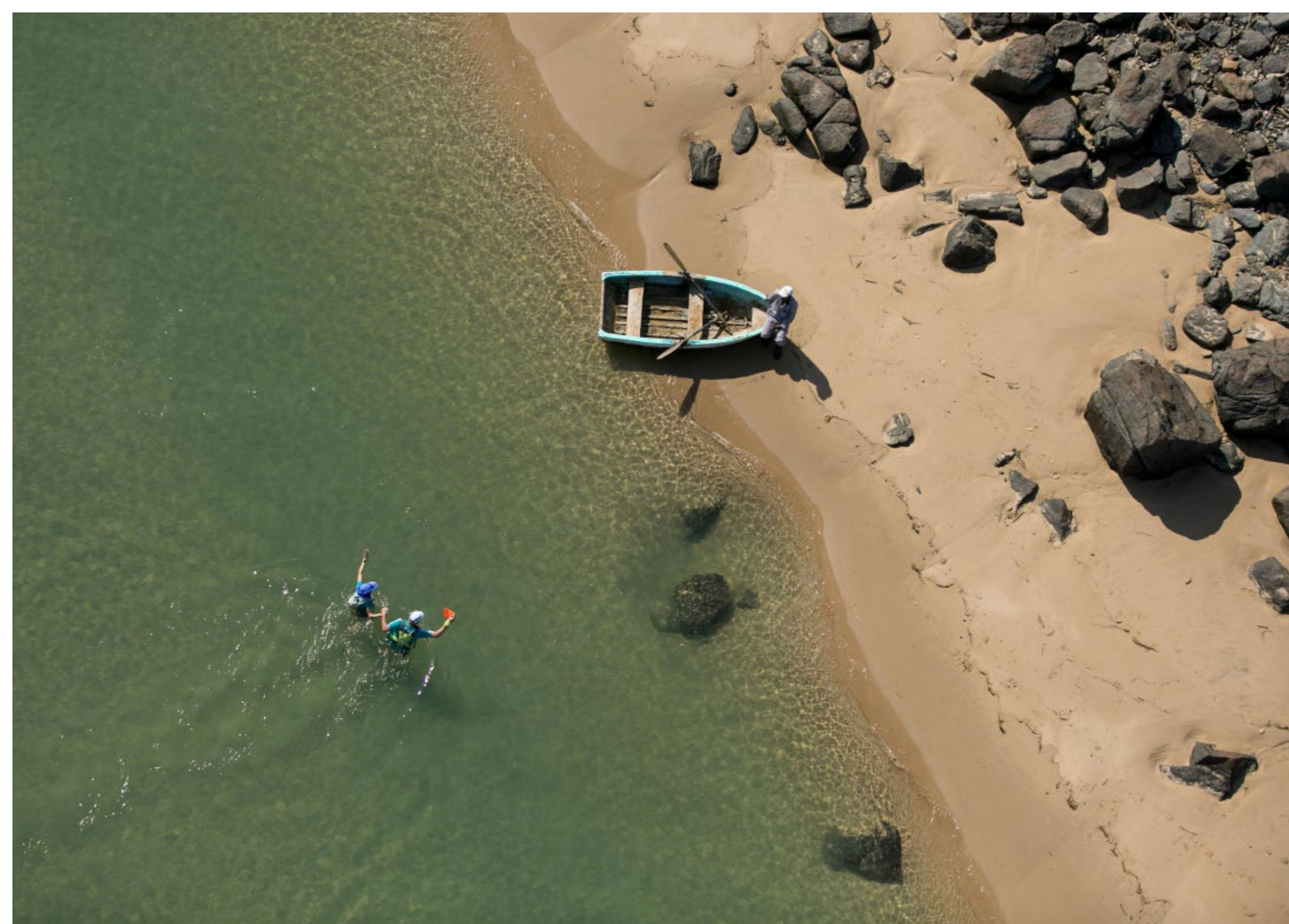


Travel packages

Together with our bespoke travel partners, Active Africa, we can build a travel package pre, post and during the event for you and/or your family. So why not tag on an extension to your Wildrun® Africa experience and explore more of this extraordinary continent. For more info, get in touch with us at info@wildrunner.co.za.



Follow in the footsteps of colonial explorers and African Kings, the re-charge on sun-soaked beaches and in quiet villages.



Meet Tamaryn

Tamaryn is your host and manages all of the background details that pertain to you before, during and after the event. Tamaryn has been Owen's partner in all things Wildrun® since inception and knows them back-to-front. If you have any worries or questions, she is available to chat to any-time.

You can reach Tamaryn at:

tamaryn@wildrunner.co.za or **+27 72 373 5081**.



Follow us on social media for more!



WILD COAST - 112km, 12 - 16 September 2026

3 days of running a wild coastal paradise

